

NEPENTHE

UNIVERSITY OF WASHINGTON / WASHINGTON STATE UNIVERSITY NEWSLETTER ON DRUG AND ALCOHOL ISSUES

Issue No. 1

November 1, 1973

Alcoholism and Drug Abuse Institute Created

At a recent meeting of the Regents of the University of Washington a new Alcoholism and Drug Abuse Institute was created. The Institute is the result of the efforts of numerous faculty who have participated in several university committees concerning this subject. The University's Alcoholism and Drug Abuse Studies Board chaired by Vice President J. Thomas Grayson accepted the recommendation of the working committees concerning the need for the establishment of a research group specifically focused on chemical dependencies.

As conceived by the faculty participants who developed the proposal, the Institute will have three primary emphases:

- A. Basic Research
- B. Clinical Demonstration and Evaluation
- C. Technical Assistance

An Acting Director for the Institute will be named in the near future, with the Institute formally coming into existence on November 1, 1973. It is anticipated that a national search for a permanent director will be made.

Nepenthe "Hits the Newstands"

The faculty and students of the School of Social Work's Drug Abuse Training Program are with this issue of *Nepenthe*, creating an inter-university communication vehicle for interested faculty and students in the areas of drug and alcohol dependencies. The newsletter will be issued on a monthly basis and will serve the purpose of facilitating communication concerning:

- A. Research activities that are ongoing
- B. Course offerings
- C. Major regional events in drug and alcohol programming
- D. Items of national significance

The University of Washington and Washington State University are collaborating in the preparation and editing of the newsletter. Beginning with the issues of December 1, 1973, items of interest and import to both universities will be included.

Nepenthe (ni-pen'thi), n. (<Gr. *nepenthe*, removing sorrow ne-, not *penthos*, sorrow, grief), 1. a drug supposed by the ancient Greeks to cause forgetfulness of sorrow, 2. anything causing this state.

*Social Work Training in Chemical
Dependencies Sub-specialization*

The School of Social Work, University of Washington, established the sub-specialization in chemical dependencies beginning Fall Quarter, 1973. The series of courses, seminars, research investigations and field assignments is funded by a grant from the National Institute of Mental Health.

Courses and seminars dealing with the pharmacology, psychological and sociological correlates, and social policy dimensions of addiction and drug abuse will be offered to graduate social work students and to a limited number of students enrolled in other schools and departments in the University. An inter-disciplinary faculty, representing social welfare, sociology, psychology, pharmacology, and law will be involved in this program.

Courses offered Winter Quarter will be:

Chemical Addictions and Society
(Winter/Spring; 3 credits, undergraduate course number; open to other schools and departments; 50-75 students) Professor Roger A. Roffman
SW 423 and SW424

Winter Quarter will focus on psychopharmacology and the sociology and psychology of drug-taking behavior. Spring Quarter will emphasize treatment and control efforts as well as research concerning their effectiveness.

In addition to weekly 1½ hour lectures, the course will be organized such that students may choose among a series of five or ten-week "topic seminars," with the purpose of enabling a more comprehensive exploration of specific issues in this problem area. This list of "topic seminars" will, in all likelihood, include the following: Crisis Management, Residential Therapies, Regional Planning, Minority Cultures, Feminism, Philosophy and Approaches to Counseling.

Opiates and International Policies
(Winter Quarter; 2 credits; graduate level; 15-20 students)

Professor Roger A. Roffman
SW 505

The focus of this seminar will be the analysis of historical international trends in the dissemination of information and development of policy with regard to opiate drugs. Inter-disciplinary faculty input for this seminar will include members from the Law School, School of Pharmacy and other departments.

For further information on these courses, please contact Professor Roffman, School of Social Work, Phone 543-7414.

The Development of Alcohol Problems in Adulthood (Winter Quarter; 3 credits)
Ms. Lorie Dwinell, Lecturer
SW 551

This course will be presented in a combination lecture-discussion format with 1½ hours weekly devoted to lecture and 1½ hours devoted to topic discussion or presentations by professionals and paraprofessionals engaged in the problem drinking and alcoholism field. The course will focus on pharmacology, epidemiology, social and psychological correlates of alcohol problems, specific problem populations, and approaches to treatment. It is anticipated that each student will engage himself in both theoretical and experiential knowledge of problem drinking and alcoholism over the course of the quarter.

The tentative format is as follows:

- Lecture 1. An Overview of Alcohol Problems.
 - a. Epidemiology
 - b. Theories of Alcoholism
- Lecture 2. Pharmacology
- Lecture 3. The Personality of the Alcoholic
- Lecture 4. Alcohol Problems as They Impact Upon the Family With Particular Emphasis on Children
- Lecture 5. The Alcoholic Woman
- Lecture 6. The Alcoholic Employee
- Lecture 7. The Problem Drinking Driver
- Lecture 8. The Public Inebriate
- Lecture 9. Poverty Groups & Alcohol Problems
- Lecture 10. Approaches to Treatment

Contemporary Approaches to Chemical Dependencies (Alcohol and Other Drugs)

To be taught Winter Quarter, by Professor Roger A. Roffman, Project Director, UW School of Social Work's Training in Drug Abuse and Ms. Lorin Dwinell, Lecturer in Social Work, under the auspices of Social Work Continuing Education. The course consists of weekly two-hour seminars over a period of 8 weeks during which time the instructors will deal with the following issues:

1. The History of Drug-Taking Behavior, Legislation, Definitions and Concepts pertinent to drugs and alcohol.
2. The Pharmacology of Alcohol and other Drugs
3. The Self-System which develops during the process of becoming addicted and becoming de-addicted,
4. Treatment modalities with particular attention being paid to heroin maintenance, narcotic antagonists, therapeutic community, aversive conditioning and alcohol antagonists.

Individuals currently active in drug and alcohol treatment in the community will occasionally be joining Professor Roffman and Ms. Dwinell in the discussion sessions. For more information concerning this course, contact Vern Bryant, Social Work Continuing Education, Parrington Annex #4, Phone 543-7414.

ALCOHOLISM NURSING

The Alcoholism Nursing Section of the UW School of Nursing is offering a course entitled "Alcohol Problems in the Family and Society," Nursing 489 (3 credits), Winter Quarter. The course is taught by Nada Estes, of Alcoholism Nursing Faculty and it meets Mondays and Thursdays, 3:30-5:00 p.m. in Room E-304. The course is open to students in departments other than Nursing and

a description of the topics to be covered and visiting lecturers is as follows:

Jan. 4th	Overview of course and the Dynamics of Alcoholic Families, Instructor Nada Estes
8th	Overview of Alcoholism, Instructors Edith Heinemann and Anne Woodson
11th	Review of Normal Family Dynamics, Instructor Mildred Disbrow
15th	Overview of Counseling, Instructor Nada Estes
19th	The Experience of Being an Alcoholic, Lecturer Nada Estes
22nd	Counseling, the Alcoholic-- Inpatient, Lecturer William Hague
25th	Counseling the Alcoholic-- Outpatient, Lecturer Maryonda Scher
29th	Children of Alcoholics and Counseling of Children of Alcoholics, Lecturer Alma Gentry
Feb. 1st	The Experience of Being the Spouse of an Alcoholic Lecturer Kate Kogan
5th	Counseling the Spouse of an Alcoholic, Lecturer Nada Estes
12th	Transactional Analysis as Applied to Alcoholic People, Lecturer Lory Miesel
15th	Family Therapy as Applied to Alcoholic People Lecturer Karl Hinriksen
22nd	Society's Response to Alcoholism (Historical overview, Preventative Aspects, Federal and State Laws), Lecturer James E. Noe
26th	Society's Response to Alcoholism (Adolescent Drinking, Education in Schools), Lecturers Anne Woodson and Paul Templin
Mar. 1st	Society's Response to Alcoholism (Art of Referral, Rehabilitation Resources and Agencies), Lecturer Barbara Starr

(continued)

Mar. 5th Society's Response to Alcoholism
(Immediate-Long Range Police
Actions), Lecturer George Whitman
Cultural Aspects of Alcoholism
Lecturer Madeleine Leininger

For more information on this course, contact
Edith Heismann, Nada Estes, or Joan Baker at
T-425, Health Sciences Building, Phone 543-6065.

We would like to ask you to take a minute and answer a few questions regarding the "Hepenthe"

I wish to continue receiving the Hepenthe

Please remove my name from your mailing list

Listed below are the names of individuals I feel might be interested in receiving the "Hepenthe"

I would like to suggest the following material for possible inclusion in the next issue

I would like to be interviewed concerning material for inclusion in a forthcoming issue

Any suggestions or comments you might have about our first issue

Name _____

Address _____

Phone _____

Please return this form to Jane Rawley, School of Social Work, Parkington Annex #4, Mail Stop 16-14. Thanks for your cooperation.